## More about New Year's

### How to make merry on a diet



The food: Eat slowly and stop eating before you feel stuffed. Promone triggered by arrival food in the intenties informs your brain when you've had enough. Eating to quickly overrides this natural appearance of the state of th

alcohol portion.

If you wish to stay away from alcohol entirely, you
might try just the spritz or a fruit juice (orange,
grapefruit or apple) mixed with a noncaloric spar-

#### Toe that line - now!



Trying to convince a drunk that he or see shouldn't drive home? These tests may be just what you need. Have him or her pick up three coins tossed on the straight line, like a few steps in a duck walk position, recite the alphabet, turn in a crice three a ride for them, call a cab or show them to your guest room at home.

#### The day after the eve before



"There is no cure for a hangover, save death," said humorist Robert Benchley, who probable researched the matter
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be with you:

• Know your limit — it's different for everyone and stick with it.

• Don't be afraid to say "No, thanks."

- Drink slowly. Sip. Don't gulp.
- Dilute drinks (not vintage champagne, however) with tonic, water or soda in a tall glass.

Eat before and while drinking. Food helps slow the rate at which alcohol is absorbed into the blood-

me experts claim "dark" liquors, such as brandy

stream. and red wires produce the worst was a red wires produce the worst was provided and red wires produce the worst was a red wires and was a red wire change in the alcohol level ir your body. A morning after drink can make the change more gradual.

# Skin cancer is a sneaky disease

carcinoma has between a 22and 50 percent chance of having another one within 18 months, according to Menn

having another one within 18 months, according to Menn.

Squamous cell carcinoma accounts for about 35 percent of the 400,000 new skin cancer cases reported annually by the American Cancer Society. This cancer develops commonly from neglect of a pre-cancerous condition called actinic kerarosis. It is the skin cancer most likely to prepare ato other organic filler than 19 most likely to prepare to other organic filler small rough patches or little carpet tack bumps. It can be treated with chemotherapy, which involves burning the area—sometimes the whole face—with a cream derived from a chemical called 5-floroursacil. The treatment, while briefly diffiguring, leaves the skin smooth Mailiganam melanoms is the most dangerous of all skin cancers. Of an estimated 6,500 skin cancer deaths in the United States this year, the American Cancer Society says 3,500 will result from mailignant melanoms.

#### obituaries

## George Osborne, DAC employe

George Osborne was apposed to be a tailor. He

was trained to be one, as a child on the West Indies island of Montserrat. But a hurricane in the mid-1920s changed all

that.

Because of the storm's devastation, he left Montserrat for another island in the West Indies, where he found work with Shell Oil

Co.
In 1929 Mr. Osborne
quit that job, put his \$500
quit that job, put his \$500
savings in his pocket and headed for the United States.
Ile "hated" New York and left the next day for Detroit, according to his daughter, Gwendolyn.

MR. OSBORNE forgot his tailoring career orked on the steamship lines that ran from Bu o Cleveland and Detroit. In 1942, he was a hired as a waiter at the Detroit Athletic Club, where he worked

until last year.

Mr. Osborne, 77, died Sunday in Harper Hospital
after a long illness.
"He couldn't find work as a tailer," (swendolyn
said. "The opportunities were good at the DAC..."

Mr. Osborne "loved the U.S." and thought it was
"great" because of its opportunities, she said. "He



# dateline Michigan

## Lucille Walker faces embezzlement trial

PONTIAC — Lucille Walker, convicted in June of kidnapping elderly boarders, has been bound over for trial in Oakland Circuit Court on charges she embez-zled the stock portfolio of a 95-year-old Florida

zled the stock portfolio of a woman.
No trial date was set Wednesday by an Oak Park district judge.
The charges were filed carlier this year but the case was delayed until Walker, 60, a former Detroit and Miami boarding home operator, stood trial for kidnapping five women.

stoot trial for kidnapping five women.

Walker was convicted on three kidnapping counts and sentenced to four years in prison.

The latest charges involve the life savings Leonie Bruno, whom police say Walker met in Minani hospital and brought to Oakland County April 1981. Bruno died May 21, 1981.

#### Release of inmates OKd

FLINT — A federal judge Thursday granted Gene-see County Sheriff John O'Brien authority to release non-violent criminals from the County Jail to preven

non-vioent criminas from the County Just to prevent overcrowding. District Judge Stewart Newblatt also granted O'Brein's request for a temporary injunction barring the County Commission from laying o'15 jai guards. The injunction rous through Feb. The injunction rous through Feb. The injunction rous through Feb. and to operate this jail," said Newblatt, who in 1978 issued an interim order limiting the number of inmates in the Genesee County Jail to 252. As of Theostay, the number of prisoners in the Sherfit's custody was 322. The overflow was being hold in the old Hint City Jail.

#### Rug shampoo linked to disease

Rug shampoo linked to disease (SANI) BATIDE — Researchers are linking several cases of Kawasaki disease, which has struck seven Grand Rapids are children sine November, to chemicals used in rug shampooling. A study of a May outbreak of the disease in Colorado and 15 cases from eight other states determined an association with carpet shampooling products, said Dr. Peter Patriarca of the Centers for Disease Control in Atlantia. No Michigan cases were level in the study symptoms include a high lever, redocts and cracking around the lips. A rash also develops, primarily on the hands and feet, and eventually peels like a sunburn, especially around the fingernalis.

Twenty percent of victims develop serious heart compilications.

#### Licensing pick sees no conflict

LANSING – Elizabeth Howe, newly appointed director of the state Department of Licensing and Regulation, says there's no conflict between the job and her position as a trustee of Michigan State III. Howe, 46, was elected in 1880 to an eight-year term on the MSU board. Altorney General Frank Kelley said he would check the legal issues involved.

Anthough less directly related to sun exposure, melanoma still is more common in surney climates than cold ones, sorted of relations that the highest. This is the disease that may be suspected if a mole changes shape or color or if a new mole appears in a adult. It is most often blue-black, but likely to be other colors.

getting it straight

To insure accuracy, the Free Press will correct in this space any facularierrowhich may occur in our news counters.

getting it straight

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Exercise apparel modeled in Thursday's The Way We Live section was from the Dance Centre store in limiters Square shapping center.

## enjoyed working with people and liked the camarade rie of working with them (at the DAC.)."

rie of working with them (at the DAC.)."

BECAUSEHE met his two goals in life — buying a house and putting his daughter through college — Mr. Osborne decided in 1971 to retire." But he didn't really retire." Gwendoyn said. "He worked up until last year (1881)... there was a certain satisfaction in a job well done and he liked the people. He enjoyed that interaction. He was the kind of man who was strong rendered him to people. Besides his daughter, survivors include his brother, a sister and two grandsons.

Services will be at 9 am. today at Bethel AME Church, 5050 St. Antoline, Detroit, Burial will be at 1 betroit Memorial Park, Warren.

Arrangeminst were made by the James Cole Funeral Home, 2624 W. Grand Bitvd., Detroit.

Carlson, Grace Funeral 10 a.m. Lynch & Sons Funeral Home

John Clerihew, 99, retired machinist

John Clerihew, 90, retired machinist John Clerihew, a retired machinist, died Wednesday in Preshyterian Village after a short illness. He was 99.

A native of Scotland, Mr. Clerihew lived in Detroit for more than 50 years. He worked for Brown & McLaren Co. in Detroit from 1925 until 1953.

He is survived by a daughter, Barbara Ritchen, and four grandchildren.
Presbyterian Church, 23 m. today in Kirk in the Hills Presbyterian Church, 230 W. Long Jako, Bloomfield Hills, Burial will be in Oakview Cemetery, Royal Oak. Arrangements were made by the Win. F. Hamilton Co., 820 E. Maple, Birminjaham.

### Norbert Kapala, retired businessman

Norbert Kapala, a retired businessman, died of a eart attack Wednesday at Lapeer County General

Heart attack Wednesday at Lapeer County General Hospital in Lapeer.
Mr. Kapada, 50, owned and operated J. N. R. Heating & Air Conditioning in Troy with his wife for 16 years. In 1976, he closed the business and opened Kapala Heating & Air Conditioning in Lapeer. Heriter di InJanary 1982.

Here the Condition of the Conditioning in Lapeer. Heating in Amazar 1982.

Here Teamer, Janet, Illi and Jackie, a brother, two sisters, and two grandchildren.

Services will be at 11 a.m. today in Immacultate Conception Catholic Church, 814. W. Nepessing, Lapeer, with burtal in Mt. Loretto Cemetery, Lapeer, Arrangements were made by Muir Bros. Funeral Home, Lapeer.

#### Herbert Trapp Jr., projects supervisor

Herbert Trapp Jr., a projects supervisor for the Wayne County Road Commission, died of a heart attack Wednesday at his home in Livonia. He was 46. Mr. Trapp worked at the Road Commission for 26

Mr. I 18pp worked as une robus commons of years.

He is survived by his wife, Joyce; two daughters, Renae and Beh; a son, Christopher, and two sisters. Services will be at 10 am. today in Peace Lutheran Church, 9415 Merriman, Livonia, with burlai In Gleen Eden Cemetery, Livonia.

Arrangemats were made by the R. G. & G. R. Harris Funeral Home, 15451 Farmington, Livonia.

## 2 peace groups protest in D.C.

WASHINGTON — Members of the Guardian Angels, a crime-lighting group that patrols urban neighborhoods in 16 cities, demonstrated in front of the White House Thursday to protest the killing of one of their members a year ago.

And the brothers Berrigan, whose frequent arrests were a halimark of the anti-Vettam war movement, were among 16 people take into custody. Thursday at the house of the control of the con

flag.
Sliwa said nobody wants to take responsibility for providing care for Melvin's wife and children.

LAST FERRUARY, a grand jury cleared Newark policeman Milton Medina of any criminal liability in the Meivin shooting. Medina fired a single shot from the roof of a twen during a burglary probe in what he said was the mistaken belief that Melvin was about to eater his necessary.

the roof of a twern during a burglary probe in what he said was the mistaken belief that Meivin was about to attack his partner.

The Angels have maintained that Meivin was shot by another officer. Donald Karna, and authorities the said of the sa

crime areas and to be a visible deterrent to crime.

AT IHE PENTAGON nuclear wappens protest; some of the about 75 demonstrators handcuffed themselves together and tried to block an entrance to the huge Defense Department headquarters. They also spilled what they said was blood on the steps.

Police said 13 men including brothers Daniel, Philip and John Berriginn — and three women were arrested for obstructing access to the building. The period of the period o

#### **Death Notices**

Aardal, Cora. Services 10 am. from the Charles R. Step Funer-al Home Bonser, Ernest Funeral service 9 a.m. at the Ross B. Northrop & Son Funeral Home

Clerihew, John. Services 2 pm. at Kirk in the Hills. Arrange-ments by the Wm. R. Hamilton Draganski, Stanley, Fungral 10:30 a.m. from the Diener Fu-neral Home and to St. Kieran Catholic Church at 11

England, Leon. Services 10 am. at McFall Bros. Funeral Hone,

Fuoco, Charles Funeral 9 am. at the Dearborn Chapel of the Howe-Peterson Funeral Home 9:30 a.m. at Devine Charles GOODWIN WILLIAM Bek Gabriel, James. Funeral 11 a.m. from the Harry J. Will Funeral Gielecki, Mary, Services 18:15 a.m. Lefchick Funeral Home, to All Saints Polish National Catto-

Gillem, Kenneth, Services 10 a.m. from the McCabe Funeral Home Goodwin, William. Services 1 p.m., Wilkie Funeral Home. Gornbein, Rose. Services 2:30 p.m. at the Ira Kaufman Chapel.

Gray, John Funeral 9 s.m. at the A.H. Peters Funeral Home, Grosse Pte Woods Harabedian Paul. Services 10 a.m. St. Sarkis Armerian Church Arrangements by San-tieu & Son Funeral Home Hoppa, Norbert, Services 1:30 a.m. from Diener Funeral Home and 10 a.m. St. Lawrence Cath-nilic Church

Jasmer, Evelyn Services 11 a.m. at the Ross B. Northrop & Son Funeral Home Jones, William, Services (30 p.m. Voran Funeral Home,

Klingelhut, Mae services 9 a.m. from Charles R. Step Funeral Home, Mass 9:30 a.m. St.

Norris, Marjorie, Funeral 10 a.m. at the Uht Funeral Home. Schulte, Alice, Services 11:30 a.m. from the Wm. R. Hamilton Co

Seit, Hava. Services 11 a.m. at W. F. Hackett & Son Funeral

Sherman, Dr. William L. Jr. Fu-neral 11 a.m. at Verheyden Fu-neral Home. Smith, Benjamin. Services 10 a.m. at the Ira Kaufman Chapel. Sosnick, Harry, Services 1 s.m.

Stanik, Helen. Funeral 9:15 a.m. from A.J. Desmond & Sons Fu-neral Home to Our Lady of the Rosary Church at 18. Szewczyk, Stefania Funeral ?:15 a.m. from the Wujek Funeral Home Thomson, Ada. Funeral 10 a.m. at the Harry J. Will Funeral Home, Livonia.

Trapp, Herbert Jr. Funeral 10 a.m. af Peace Lutheran Church, Livonia, Arrangements by R.G. & G.R. Harris Funeral Home. Viear, Florence, Funeral +30 a.m. Roy J. Kaul Funeral Home

Webster, Sarah. Services 11:30 a.m. at the Ira Kaufman Chapel. Wierzbicki, Frank Funeral 10:30 a.m. from the Wujek Fu-neral Home to Our Lady Queen of Heaven Church at 11 a.m.

Williamson, Fern. Services 10 a.m. at Bell Chapet of the Wm. R. Hamilton Co., Birmingham. Wrobel, Harold. Funeral services 9:30 a.m. from Winckowski Funeral Home and Transiguration Church 10 a.m.

1 Death Notices

ALDRICH
DONALD J. December 29, 8etoved russhand of Sandra; dear
father of Jason and Holiv Bith;
son of William and the late Margaret Aldrich; brother of Daiand Douglass, in State, at the
R.G. & G.R. Harris Fueseral
Home, 3155 Ford Rd, Gartlen

CARBONERO
RALPH. Agr 48. Beloved husbeind of Marilytin, dear faither of
kimberin (Ricker) Rice and
kelly Carbonero, dear sen of
Fred Carbonero; dear sen of
Fred Carbonero; dear sen of
Venone (Edward) Novasi, one
granddaughter. Memorial
service to be neld at future date.

JASMER
EVELYN P. December 29. Be loved wife of the late Eimer dear mother of Frederick, Vel ma, Robert and Doris; leave the grandfulding services.

JONES
WILLIAM D. Beloved hysband of Marvel; doar father of Glen E. of Mackinac City, dear popther of Margaret Turkcan oh Tucks.

Of Margaret Turkcan oh Tucks.

Dr. 100 Margaret Turkcan oh Tucks.

Dr. 100 Margaret Services.

John M. 100 Margaret Services.

John M. 100 Margaret Services.

John M. 100 Margaret Services.

John Member of VFW Post 55372 in Aleen Park.

KALLEAL
MARY A. (new Verbal), Decomber of Mrs. Ageline Rowe,
Mrs. Mae Bell. Mrs. Mariann
Offmanowski, Lila Kaleal and
the lale Mrs. Juliann Regal; assogrannet/fildren and one greatinteractions.

grandchildren, Services 1) o'clock Saturday morning from the R.G. & G.R. Harris Funeral Home, 31351 Ford Rd., Garden

MacDONALD
JOHN C. December 20, age 78
Husband of Warrion E. father of
Mrs. Saliv Reyst, John A. Mi-chael J. and Peter C. ten grand-chael J. and Peter C. ten grand-chael J. and Peter C. ten grand-tuneral from the Verhevden Funeral Morne, 15300 Mack at Quier Drive, Menday 9.45 and to Pravers Sunday J. am. Tributes may be made to the Liess Club or 3. Vincent DePaul Society.

RASSEL RICHARD E. December 28, i Venice, Florida. Beloved hus-

SMITH

SMITH
HARRIET K, (nee Kufinsky), 79
reair, 0 5696 E. End Ave., Chicaso. Beloved wife of Louis M.
Smith, open daupther of the late
Defroit, devoted a wint of nieces,
were held Thursday, 2 o cocks,
were held Thursday, 1 o cock,
centerry. Friday at 1 o cock.
Centerry. Friday at 1 o cock.
Kaufman Chapet, 559-9020.

Kauman Chapet, 207 Verus.

SONNICK
HARRY Belovet husband of
kunt, eeer falher of Edward
and Robert Spatick, Wrs. Star.
Gar. (Sharon) Alperovitz,
genelather of Marcon, Berovitz,
genelather of Marcon, Garby Spatick, brother of Louis
cathy Spatick, brother of Louis
and Mrs. Ann Jacobs. Services 1
o clock Friday afternors. at the
Adat Shalom Memorial Park.

WEBSTER
SARAH C, Dear aunt of Dr.
John Grekin and Dr. Robert
Grekin, Services 11:30 Friday
morning at the tra Kaufman
Chapel, Interment Oakview
Cernetery. YAREMA
SLANCHE Wife of the late Michael, dear mother of Michael, dear mother of Michael, tarnes, Terrence and

blash of the wine of the decided of 2 Funeral Directors

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